

PARENT CODE OF CONDUCT

Interaction with Minors

The Pointe-Claire Yacht Club is committed to the safety and well-being of minors who use our services. Our volunteers, members and staff shall treat them with respect and understanding at all times.

The following rules and guidelines shall apply when interacting or in the presence of minors:

- Always place the safety and welfare of minors above other considerations;*
- Be responsible and accountable for the conduct of minors under adult supervision;*
- Use appropriate language – no profanity, derogatory terms, nor sexual jokes/innuendos;*
- Care shall be taken when establishing relationships with minors under adult supervision;*
- Avoid close physical contact – unless necessary due to the nature of the activities and age/abilities of minors*
- Exercise appropriate behaviour and discipline: corrective actions shall not be punitive, humiliating nor aggressive;*
- There shall be no interaction whatsoever with any minor while impaired or under the influence of drugs and/or alcohol*
- Do not photograph, publish nor distribute photographs of minors without the knowledge and authorization of their parent or legal guardian,*
- Do not engage in the use of any social networking media with any minor without the knowledge and authorization of the parent or legal guardian. Social networking includes (and is not limited to) email, phone, online chat, texting, Facebook, Instagram, etc.*

Parents or guardians should ensure that minors under their supervision:

- Abide by this Code of Conduct and by the Racing Rules when participating in a competition;*
- Respect the physical property and facilities provided by PCYC;*
- Treat all other minors as they would like to be treated. No bullying or unfair advantage of others;*
- Control their temper. Verbal abuse of officials, other members or competitors, deliberately distracting or provoking other competitors is not acceptable nor permitted.*

Parents and guardians of minors

- Shall be requested to remove the minor under their supervision from the Club's premises in instances where their behaviour is socially unacceptable.*
- Shall display good sportsmanship towards other parents, instructors, race officials or other minors.*

Competition's Guidelines

- I will remember that my child plays sport for his or her enjoyment, not for mine.*
- I will not force my child to participate in sports.*
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.*

- *I will respect and show appreciation for the trained coaches and instructors who provide sport activities for my child.*
- *I will respect the judgement and decisions of the coaching staff.*
- *I will teach my child that doing one's best is important, even when my child does not win the event.*
- *I will never ridicule or yell at my child for making a mistake or losing a competition.*
- *I will remember that children learn best by example. I will applaud skillful players' performances by both my child's team and their opponents.*
- *I will never question the official's judgement or honesty in public.*
- *I will support all efforts to remove verbal and physical abuse from children's sporting activities.*

ATHLETE CODE OF CONDUCT

The Pointe-Claire Yacht Club is committed to providing the best possible training programs. In return, the membership and executive of PCYC expect a commitment from all participating students. Each student is expected to treat Club equipment and property with care, as if it was his or her own, and to exhibit appropriate behavior at all times. PCYC reserves the right to refuse registration to students whose involvement would cause a disruption to the course and interfere with the instruction of other students. For safety reasons the students are not to leave the Club's premises. Students risk being expelled (without refund) if they refuse to follow this specific rule.

- *I will play by the rules and in the spirit of the game.*
- *I will control my temper – fighting and "mouthing off" can spoil the activity for everybody.*
- *I will respect my opponents.*
- *I will do my best to be a true team player.*
- *I will remember that winning isn't everything – that having fun, improving skills, making friends and doing my best are also important.*
- *I will acknowledge all good performances – those of my team and of my opponents.*
- *I will participate because I want to, not just because my parents or coaches want me to.*
- *I will remember that coaches, instructors and officials are there to help me. I will accept their decisions and show them respect.*